



**Win
prizes!**

**Prescribing physical activity
to improve the health and
well-being of our community.**

What is GB Parks Rx?

Prevea Health, Live54218 and The City of Green Bay partnered to create a parks prescription (rx) program called Green Bay Parks Rx — a local, clinically-based effort to encourage balanced, healthy lifestyles and help prevent obesity in kids.

By linking together the health care system and The City of Green Bay Parks and Recreation, Green Bay Parks Rx is a prescription for families to get more active in the Green Bay area.

How can I participate?

**Get active and log your activity
on a regular basis.**

- Visit a local park
- Visit a park with a summer Parkee
- Go for a family walk or bike ride
- Play outside!

Turn in your completed activity logs and you can win prizes such as a voucher to a Green Bay Parks and Recreation program, a gift card to a sporting goods store and more!

**Download an activity log today
at prevea.com/gbparksrx**

For more information, call (920) 272-3395
or email Shane.McMullen@prevea.com.

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